

Sample of Defensive Playbook

<p>ANGEL "COVER 3"</p>	<p>Z RADARS "COVER 2"</p>
<p>FIRE</p>	<p>SHOULDER WINB</p>
<p>FORMATION 3-3-5</p> <p>E N E C</p> <p>M W M S M</p> <p>S</p>	<p>CUP L WEAK</p>
<p>OUT FIRE</p>	<p>ROBBER S/W</p>

Defensive Philosophy

- Discipline (Know your role, technique, best ability)
- Enthusiasm (Play with desire, energy and love for game)
- Finish (End every play with ferocity and physically)
- Knowledge (Know your opponent)
- Solidarity (One unit, one goal!)